

2020 CLUB & RACE CALENDAR

Home of Midrand Striders :
Curro Midrand
8 Harry Galaun Road, Halfway House, Midrand

2020	January	February	March	April	May	June	July	August	September	October	November	December													
Monday						1																			
Tuesday						2	Committee Meeting		1	Committee Meeting		1	Committee Meeting												
Wednesday	1	New Year's Day			1				2			2													
Thursday	2				2				3		1		3												
Friday	3				3	1	Workers Day - Wally Hayward 42/21km Club Tent		4		2		4												
Saturday	4		1	Intercare 21/10km Club Tent	4	2		6	4	1	5	3	5												
Sunday	5	Kyalami Corner Run	2	Kyalami Corner Run	1	30km Club Run	5	JointEze Irene Ultra Club Tent	3	21km Club Run	7	15km Club Run Comrades Breakfast	5	15km Club Run	2	21km Club Run	6	24km Club Run	4	24km Club Run	1	Soweto Club Tent	6	21km Club Run	
Monday	6		3		2		6		4		8		6		4	8		6		3		7		7	
Tuesday	7		4	Committee Meeting	3	Committee Meeting	7	Committee Meeting	5	Committee Meeting	9		7	Committee Meeting	4	Committee Meeting	8		6	Committee Meeting	3	Committee Meeting	8		8
Wednesday	8		5		4		8		6		10		8		5		9		7		4		9		9
Thursday	9		6		5		9		7		11		9		6		10		8		5		10		10
Friday	10		7		6		10	Good Friday	8		12		10		7		11		9		6		11		11
Saturday	11		8		7		11		9		13		11		8		12	Awards Evening	10	Jacaranda 42/21 Club Tent	7	Kaapsehoop Club Tent	12		12
Sunday	12	Dischem 21km Club Tent	9	Jeppe Marathon 42/21km Club Tent	8	24km Club Run	12	Kyalami Corner Run	10	Club 60km long run	14	Comrades Club Tent	12	15km Club Run	9	Dummy Run 10/21km Inanda Country Base	13	Kyalami Corner Run	11	Kyalami Corner Run	8	Kyalami Corner Run	13	21km Club Run Christmas Social	
Monday	13		10		9		13	Family Day	11		15		13		10	National Women's Day	14		12		9		14		14
Tuesday	14	Committee Meeting	11		10		14		12	Youth Day	16		14		11		15		13		10		15		15
Wednesday	15		12		11		15		13		17		15		12		16		14		11		16	Day of Reconciliation Wobblers & Wiggles Hat Race	
Thursday	16		13		12		16		14		18		16		13		17		15		12	AGM	17		17
Friday	17		14		13		17		15		19		17		14		18		16		13		18		18
Saturday	18		15		14	Om die Dam Club Tent	18		16		20	Aches & Pains 5km Park Run	18		15		19		17		14		19		19
Sunday	19	12/24km Club Run Licensing	16	24km Club Run	15	Kyalami Corner Run	19	24km Club Run	17	24km Club Run	21	Kyalami Corner Run	19	21km Club Run	16	Dummy Run 10/21km Inanda Country Base	20	21km Club Run	18	24km Club Run	15	12/24km Club Run	20	Kyalami Corner Run	
Monday	20		17		16		20		18		22		20		17		21		19		16		21		21
Tuesday	21		18		17		21		19		23		21		18		22		20		17		22		22
Wednesday	22		19		18		22		20		24		22		19		23		21		18		23		23
Thursday	23		20	Motivational Evening	19	Human Rights Day	23		21		25		23		20		24	Heritage Day	22		19		24		24
Friday	24		21		20		24		22		26		24		21		25		23		20		25	Christmas	25
Saturday	25		22		21		25		23		27		25		22		26	Irene Spring Race Club Tent (2021)	24		21		26	Day of Goodwill	26
Sunday	26	Johnson Crane 42/21km Club Tent	23	30km Club Run	22	21km Club Run	26	24km Club Run	24	21km Club Run	28	15km Club Run	26	21km Club Run	23	Club Race 21/10/5 Inanda Country Base	27	Kyalami Corner Run	25	24km Club Run	22	Tough One 32 club tent Club tent	27	Kyalami Corner Run	
Monday	27		24		23		27	Freedom Day	25		29		27		24		28		26		23		28		28
Tuesday	28		25		24		28		26		30		28		25		29		27		24		29		29
Wednesday	29		26		25		29		27		31		29		26		30		28		25		30		30
Thursday	30		27		26		30		28		32		30		27		31		29		26		31		31
Friday	31		28		27		31		29		33		31		28		32		30		27		32		32
Saturday			29		28		30		30		34		32		29	Spirit of Flight Club Tent	31		31		28		33		33
Sunday				30km Club Run		31	21km Club Run								30	Kyalami Corner Run					29	21km Club Run			
Monday					30										31										
Tuesday					31																				

CLUB RUNS
Tuesdays - 17H30
 4km / 8km Time Trial
Thursday - 17H30
 Track, Hills and Coaching session
Sundays
Long run : 15km - 30km
 (Starting at Curro Midrand)
 06H30 : 1 Sept - 31 Mar
 07H00 : 1 Apr - 31 Aug
Kyalami Corner run
 (Starting at Kyalami Corner - in front of Virgin Active)
 Consists of 3 loops of 7km each - self supported run

CLUB COMMITTEE
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CLUB CHAMPIONSHIP RACES (July 2019 to June 2020) : 42km Jeppe - 10 February 2020 / 32km Tough One - 24 November 2019 / 21km Intercare - 01 February 2020 / 10km Spirit of Flight - 7 September 2020
 Irene Spring 21km on 26 September 2020 will be our new 21km championship race for 2021